

Midwifery Led Unit at the Mater





The midwifery led team provide care throughout your pregnancy, delivery and the postnatal period, in conjunction with your community midwife and GP.

We like to encourage women to feel in control of their delivery and feel safe and confident in their decision making.

The unit is small and friendly with a home from home setting; you remain in the same single room after the delivery until discharge. There is open visiting time following the birth.

The midwives and midwives' support assistants are available for parenting support and to help with the feeding of your baby.

What's on offer

- Single delivery rooms, with en-suite facilities and birthing pools
- Sitting room
- Kitchen for partners use.





For pain relief

- Mobilisation encouraged
- Combitrac
- Water
- Diamorphine/Pethidine injections
- Tens
- Gas and air
- Support from staff.

In future

- Reflexology
- Hypnobirthing.

If you feel that you are not managing there is the option of transfer to the Royal Jubilee Maternity Services for epidural/remifentanyl.

You must meet the following criteria for your own safety and that of your baby.

- Up to and including 5th baby
- Age between 16 and 40
- No problems with previous pregnancies or deliveries
- No significant medical or gynaecological problems
- Expecting one baby
- BMI \leq 35
- Iron levels 100 g/L

We would be happy to discuss any questions, show you around the unit and introduce you to the staff.

Comments from some parents who have used the unit

“Thank you for making me feel safe when I was scared and happy when I was excited. I will never stop appreciating you all and will never forget. It has been precious.”

“Never once did we feel we weren't in safe hands and we were constantly in awe of the job you do.”

“Thank you from the bottom of our hearts, you were absolutely fantastic and made this experience so perfect.”

Staff can be contacted on

028 9504 1556

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The Midwifery Led Unit at the Mater is committed to providing holistic care designed and planned in partnership with women who have a fundamental right to competent professional expertise to enable a positive pregnancy and birthing experience.